

DE SARIT DE PE MARE

ORIGIN: Northern Transylvania (Maramureş or Oaş)

FORMATION: Circle or open circle of men and women; arms in 'V' for figures 1 and 2. All figures are facing fwd into the circle

RHYTHM: 2/4. Counted as various quick (q) and slow (S) steps throughout the dance

STYLE: The style is low, weight is taken on the whole foot rather than up on the balls of the feet.

Introduction of 4 measures.

MEASURE	COUNT	DANCE PATTERN
FIGURE 1 (SqqqS)		
1&	S	Facing centre, hop on L ft, kicking Rft fwd and slightly left
2&	qq	Hop on L ft again, Step R with R ft
3&	qq	Step on L ft close to R, Step R with R ft
4&	S	Step on L ft close to R
Repeat 5 more times		
CUE: Hop , hop step step step step		
 FIGURE 2 (SqSqS)		
1&	S	Step (with accent) R with R ft
2	q	Hop on R ft, swinging L ft behind
3&	S	Step behind R with L ft
4	q	Step R with R ft
5&	S	Step in front of R with L ft
Repeat 3 more times		
CUE Stomp , hop behind side front		
 FIGURE 3 (SSqqS - SqqqqS)		
1&	S	In place, stomp with R ft
2&	S	Stomp with L ft
3	q	Stomp R ft
4	q	Stomp L ft
5&	S	Stomp R ft
6&	S	Jump on both ft ending in a slight plié
7	q	Clap hands in front
8	q	Clap hands in front
9	q	Clap hands in front
10	q	Clap hands in front
11&	S	Clap hands in front
CUE: Stomp stomp stomp stomp stomp Jump clap clap clap clap clap		

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DE SARIT DE PE MARE (Continued)

FIGURE 4 (SqSqS) moving bkwd – (qqSS qqSS S) moving fwd

1&	S	Jump on both ft knees bent (feet flat), clap in front
2	q	Jump on balls of both ft, clap in front
3&	S	Jump on both ft knees bent (feet flat), clap in front
4	q	Jump on balls of both ft, clap in front
5&	S	Jump on both ft knees bent (feet flat), clap in front

Repeat 3 times and end with the following moving fwd toward centre.

1&	qq	stomp on R ft, stomp on L ft
2&	S	stomp fwd on R ft
4&	S	stomp fwd on L ft
5&	qq	stomp on R ft stomp on L ft
6&	S	stomp fwd on R ft
7&	S	stomp fwd on L ft
8&	S	stamp R ft (taking no weight)

CUE: **Jump**, jump, **jump** jump **jump** x 3 (These steps have a down up down up down feel)

Stomp stomp stomp **stomp**. Stomp stomp stomp **stomp stamp**

The dance then repeats from the beginning.

NOTE:

I used **Bold** in the cues to indicate accented steps (i.e. steps that use the longer counts)