

Skip

USA

The Skip is 4 2 wall a country line dance with three step patterns. The dance begins facing one wall and progressively changes facing by one wall counter counter-clockwise (L) around the room/dance space with each repeat. Presented here as learned from Niji Vostal at an Argonne IFD dance evenings.

Choreography: P. Griffiths, 20 counts, 4 wall dance

Suggested Music: *Down at the Twist and Shout by Mary Chapin Carpenter
<https://www.youtube.com/watch?v=SuapCENFM2U>
2/4

Facings: During the dance sequence, dancers progress 1/4 turn CCW, or left, to face the next wall

Steps	Counts				
	and	1 - Q	And - Q	2 - S	and
Vine/Grapevine		side	behind	side	pause &/or kick the free foot
Rock steps		forward	backward	forward	hop or lift and kick
Skip(s)	hop	step	hop	step	(hop, optional)

Dance Sequence:

Measures

- 1 Left grapevine with an optional kick
- 2 Right grapevine, finishing with a 1/4 turn to the Right and an optional kick
- 3 Rock steps beginning Left forward, Right backward, Left forward, make a half turn (180 degree) CCW (Left) pivoting on Left foot on count 2 and
- 4 Rock steps beginning Right forward, Left backward, Right forward and kick Left foot forward
- 5 Skip steps beginning hop Left hop Right (hop optional a lift works well)

The dance repeats until the music ends.

Note: The dance sequence is 5 measures of music and crosses the musical phrases. This is common in country line dancing.

I think of the dance as 4 measures of QQSs and one of 2 step hops.

1. How to dance Line Dance Skip: <https://www.youtube.com/watch?v=p-yP5tMjcl0>
2. Another video of the dance: <https://www.youtube.com/watch?v=ioi6opZ9S-Y>
Note style differences and similarities! I dance it in 'Roo style' with more energy and space. We danced at the Willowbrook Ballroom at Country Western dance evenings with more energy and space when we learned the dance.
3. <https://www.copperknob.co.uk/stepsheets/119724/skip> - another version of the step sheet

Song Lyrics:

Saturday night and the moon is out
I wanna head on over to the Twist and
Shout
Find a two-step partner and a Cajun beat
When it lifts me up I'm gonna find my feet
Out in the middle of a big dance floor
When I hear that fiddle wanna beg for
more
Gonna dance to a band from a-Lou'sian'
tonight

Well I never have wandered down to New
Orleans
Never have drifted down a bayou stream
But I heard that music on the radio
And I swore some day I was gonna go
Down Highway 10 past Lafayette
To Baton Rouge and I won't forget
To send you a card with my regrets
'Cause I'm never gonna come back home

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They got a alligator stew and a crawfish pie
A golf storm blowin' into town tonight
Livin on the delta's quite a show
They got hurricane parties every time it
blows
And here up north it's a cold cold rain
And there ain't no cure for my blues today
Except when the paper says: Beausoleil is
coming into town
Baby let's go down

Oct 25, 2009 Mary Chapin Carpenter's official music video for 'Down At The Twist And Shout'. Click to
listen to Mary Chapin Carpenter on
Spotify: <https://open.spotify.com/artist/OqAmeOULjwn04k6jMMeDyr>
As featured on The Essential Mary Chapin Carpenter.
Click to buy the track or album via iTunes:
<https://music.apple.com/us/album/down-at-the-twist-and-shout/313292939?i=313292961>
Google Play: <https://music.youtube.com/watch?v=bKvcYqWzL1g>
Amazon: <https://www.amazon.ca/The-Essential-Mary-Chapin-Carpenter/dp/B0000DJZ7V>

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Bring your mama, bring your papa, bring
your sister too
They got lots of music and lots of room
When they play you a waltz from 1910
You gonna feel a little bit young again
Well you learned to dance with your
rock'n'roll
You learned to swing with a do-si-do
But you learn to love at the fais-so-do
When you hear a little Jolie Blon

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