

Crescent Beach Folk Dance Retreat 2022 Packing List

To protect yourself:

- N95 mask
- hand sanitizer

Bedding

- warm sleeping bag, or sheets and blanket
- pillow and pillowcase
- foam mattress topper (optional)

Clothing

- dance wear
- ethnic costume or party clothes for masked balls (optional)
- appropriate clothing for walking on beach
- warm sweater, jacket
- rain jacket, umbrella
- pyjamas, bathrobe
- hat (sun / rain / warm for early morning birding)

Footwear

- dance shoes
- outdoor shoes

Personal Care Items and Gear

- shampoo, soap, towels, and wash cloth
- insect repellent
- shower caddy with personal items
- water bottle
- personal mug for hot drinks
- flashlight or headlamp
- alarm clock
- box of Kleenex
- earplugs (for sleeping)
- eye mask (for sleeping)
- camera
- clothes hangers
- musical instruments and song sheets
- wine for dinners (optional)
- binoculars for bird-watching and other walks

Food:

- snacks to share (refrigerator space is available)
- food if you have a special diet (refrigerator space is available)

What Not to Bring:

- no pets are allowed