

Kate Kate

Bulgaria

This dance is from Razlog, Pirin region of Bulgaria. First introduced by Ventzi Sotirov in Japan April 2004.

Rhythm: 2/4

Formation: "W" hold, mixed line or open circle

Meas. Intro
1-8 Wait

Fig. 1

- 1 Facing diag. to CCW, Čukče on L, bring R ft slightly up(ct.1); Step on R fwd(ct.2)
- 2 Čukče on R, bring L ft back to front(ct.1); Step on L fwd(ct.2)
- 3-4 Repeat Meas.1-2
- 5 Repeat Meas.1
- 5 Still facing diag. to LOD, Bend body slightly fwd and touch L heel to L(ct.1); Touch L heel fwd(ct.2)
- 7-8 Facing & moving to RLOD, Repeat Meas.1-3 with opp. ft and direction
- 10 Step on R in front of L(ct.1); Step back on L(ct.2)
- 11-20 Repeat Meas.1-10

Fig. 2 (singing part)

- 1-2 Facing diag. to LOD, Step on R, L, R fwd(cts.1,2,3); Hold(ct.4)
- 3 Small step on L, R, L fwd (cts.1&2)
- 4 Step on R and face ctr. and bring arms down(ct.1); Step on L behind of R(ct.2)
- 5 Step on R to R and bring arms up(ct.1); Touch L toe in front of R(ct.2)
- 6 Step on L to L(ct.1); Step on R in front of L(ct.2)
- 7 Step on L to L(ct.1); Touch R toe in front of L(ct.2)
- 8 Repeat Meas.7 with opp. ft
- 9-10 Repeat Meas.6-7
- 11-20 Repeat Meas.1-10

Fig. 3

- 1 Facing ctr., Step on R to R(ct.1); Step on L in front of R(ct.2)
- 2 Step on R to R(ct.1); Touch L toe next to R(ct.&): Bounce on R, bring L knee up in front (ct.2)
- 3 Repeat Meas.2 with opp. ft
- 4-15 Repeat Meas.1-3, 4 more times
- 16 Repeat Meas.1

Sequence: 1-2-3-2-3-1-2-3

Presented by Ventzi Sotirov
Dance notes by Fusae Senzaki
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