

ZIBNSRIT  
(Slovenia)

Variants of this dance (Zee-bn-shrit, from the German "Siebenschritt" -- "Seven Steps") are found under numerous other names throughout Slovenia ("Sedmorka", etc.) and north-west Croatia (e.g. "Išla Žena u gosti"), as well as in Slovenian colonies in the U.S. and Canada. Like most of the truly popular living Slovenian dances, it is a localized version of a late 19th-century couple dance "imported" from Central Europe. The version given here was learned by Dick Crum from Mr. and Mrs. Peter Kurnick in San Francisco in 1958.

RECORD: 33- EP-SD

FORMATION: Cpls randomly scattered about the dancing area. Ptrs face, their joined R hands held just below face level, L hand on ptrs R hip.

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PATTERN

Meas.

FIGURE (Ftwk given for M, W use opp ftwk throughout.)

- 1-2 "7 steps" to M L, as follows: sidestep L with L (ct 1), close R to L taking wt (ct &), again side step L (ct 2), etc., for a total of 7 steps, closing R to L without wt on the last ct & of meas 2.
- 3-4 Repeat meas 1-2 to M R with opp ftwk.
- 5 "3 steps" to M L, as follows: side step L with L (ct 1), close R to L taking wt (ct &), side step L (ct 2), close R to L without taking wt (ct &).
- 6 Repeat meas 5 to M R with opp ftwk.
- 7-8 Keeping R hands joined, dancers place L hands on own L hips, while M does 4 step-hops in place beg L,; W does 4 step-hops (beg R) making 2 turns CW (i.e. to her R) in place under joined R hands.
- 9-10 Resume orig pos and repeat meas 5-6.
- 11-12 With 4 step-hops (M begin L, W beg R), turn as a cpl once CW in place.

Accompanying Songs: In the old days, dancers and musicians used to compose nonsense songs that marked the "7 & 3" rhythm of "Zibnšrit", such as:

Pes pa nema repa več  
kdo mu ga j' odsekau preč?  
Kaj pa bo, kaj pa bo,  
če mu zrastu več ne bo!

(The dog no longer has a tail,  
who could have cut it off?  
What will happen, what will happen,  
he won't grow another one!)

Presented by Dick Crum

Laguna Beach Institute, Feb., 1975