

MOMIRUL

17

Borlova-Banat, Romania

Music: 7/8 rhythm: slow, quick, quick 1 2 3

Formation: Short lines of men and women, hands on shoulders

Introduction: 4 measures

Measures

Pattern

- 1 In place, jump ft slightly apart (ct 1) hop R (ct 2) step L across R (ct 3)
 - 2 Step R in place (ct 1), step L to L (ct 2), step R across (ct 3)
 - 3 Repeat measure 2, reversing ftwk
 - 4 repeat measure 2
 - 5 repeat measure 3
 - 6 repeat measure 2
 - 7 (Ronde de Jamb) step L in place (ct 1) hop L, circling R to L as in a reverse ronde de jamb (ct 2), step R in place (ct 3)
 - 8-9 repeat measure 7, 2 more times
 - 10 step L (ct 1) stamp R taking wt (ct 2-3)
 - 11-14 repeat measures 7-10 reversing ftwk
 - 15 moving fwd, jump feet together (ct 1), hop L (or heel lift) (ct 2) touch R heel slightly fwd no weight (ct 3)
 - 16 step R in place (ct 1), R heel lift (ct 2), touch L heel fwd (ct 3)
 - 17 repeat measure 16, reversing ftwk
 - 18-20 repeat measure 16,17,16
 - 21 moving bkwd, step L back (ct 1), L heel lift (ct 2) touch R heel fwd (ct 3)
 - 22 repeat measure 21, reversing ftwk
 - 23-28 repeat measures 21, 22 for three more times
- Repeat Dance

Presented by Sunni Bloland