

# Crescent Beach Folk Dance Retreat 2019

## Bedding

- warm sleeping bag, or sheets and blanket
- pillow and pillowcase
- foam mattress topper (optional)

## Clothing

- dance wear
- Fall Fair theme costume for Saturday evening (optional)
- appropriate clothing for walking on beach, and sitting by campfire
- warm sweater, jacket
- rain jacket, umbrella
- pyjamas, bathrobe
- hat (sun / rain / warm for early morning birding and campfire)

## Footwear

- dance shoes
- outdoor shoes

## Personal Care Items and Gear

- shampoo, soap, towels, and wash cloth
- insect repellent
- shower caddy with personal items
- water bottle
- personal mug for hot drinks
- flashlight or headlamp
- alarm clock
- box of Kleenex
- earplugs (for sleeping)
- eye mask (for sleeping)
- camera
- clothes hangers
- musical instruments and song sheets
- wine for dinners (optional)

## Food:

- snacks to share (refrigerator space is available)
- food if you have a special diet (refrigerator space is available)

## Optional:

- Fall bouquet or centerpiece

## What Not to Bring:

- no pets are allowed