

Tropanka from Dobrudja Bulgaria

Introduced to SIFD by Lori Larsen 2007

Figure 1 - Arms in W-hold

1. Facing centre and moving LOD, Step R (1), Step L behind R (&), Step R (2), Step L behind R (&), Step R (3), Stamp L (&), Stamp L (4). Arms start moving down on count 1, completely down on count 2 and start moving back up, completely up on count 3, and elbows go down with each stamp.
2. Repeat 1 with opposite footwork and moving RLOD.

Figure 2 – Arms down

1. Moving towards centre and turning slightly left for stamps: Step R (1), hop (&), Step L (2), hop (&), Step R (3), Stamp L (&), Stamp L (4).
2. Moving backwards, repeat 1 with opposite footwork.

Figure 3 – Arms down

1. Face LOD and walk R (1), L (2), R (3), L (&), R(4), Stamp L (&).
2. Turn left and Step L (1), Stamp R (&); Turn right to LOD and Step R (2), Stamp L (&); Going backwards in RLOD: Step back on L (3), back on R (&), back on L (4), Stamp R (&).

Leader calls figures.